

Sarah Dionne, LICSW

Clinical Supervisor & Consultant

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SUMMARY

LICSW and clinical supervisor with 18 years of experience in spiritual integration, trauma informed care, and reflective supervision. EMDR-certified and trained in grief work, somatic awareness, and culturally responsive therapy. Founder of a trauma-aware eldercare initiative and interfaith gathering, with a deep commitment to body-based, intuitive healing and clinician development.

SKILLS

Clinical Leadership & Supervision

- Clinical Supervision & Staff Training
- Empowerment Approach
- Spiritual Teaching
- Cultural & Spiritual Inclusion

Compliance & Quality Care

- EHR Systems & Telehealth
- Program & Policy Development
- Regulatory Guidance
- Documentation Review

Care Philosophy & Clinical Values

- Neurodivergence Support
- Trauma-Informed Care Models
- Interdisciplinary Collaboration
- Trauma-Informed Leadership

PROFESSIONAL EXPERIENCE

Founder | Clinical Supervisor | Psychotherapist

Sarah Dionne & Associates

01/2025 to Current

Lakeville, MA

Launch and lead a thriving private practice offering trauma-informed care and clinical supervision.

- Supervise and mentor provisionally licensed LCSWs and an MSW Intern to provide compassionate client care.
- Provide regulatory and ethical leadership to ensure compliance with state and federal clinical standards.
- Draft clinician contracts, lead onboarding, and guide staff on licensure and regulatory standards.
- Guide consideration of spiritual and religious affiliations' impact on client conceptualization and outcomes
- Enhance quality of care by guiding clinicians in trauma-informed, culturally responsive practice.
- Facilitate weekly case consultations that foster team cohesion and ensure ethical practice.

Founder | Collaborator | Psychotherapist

Whole Health Collaborative

08/2019 to 12/2024

Halifax, MA

Built a collaborative, holistic, spiritually centered practice grounded in trauma-informed care. Developed organizational policies and fostered team cohesion through structured program development and regular staff meetings.

- Delivered spiritually integrative, trauma-informed care to address diverse client needs
- Offered peer clinical supervision & training to collaborators on the use of spirituality in psychotherapy practice.
- Authored and implemented operational policies, increasing transparency and clinical consistency.
- Drew from various modalities to meet client needs including Somatic Therapies, EMDR, and DBT
- Fostered team collaboration through structured meetings and inclusive leadership.

PROJECTS & LEADERSHIP INITIATIVES

Local Elder Resource Initiative

Lead Program Designer

Nov 2024 - Present

Developing grassroots, trauma-aware eldercare model to support overwhelmed families and caregivers through culturally responsive, community-based care. Focused on improving access to resources, easing care transitions, and reducing caregiver burden through centralized coordination and ethical program design

Soulful Circle

Founder & Interfaith Minister

Feb 2025 - Present

Co-founded and lead monthly interfaith gatherings, authoring original spiritual teachings that promote healing, reflection, and belonging. Foster inclusive participation and shared leadership while creating safe, spiritually grounded spaces for individuals who feel disconnected from traditional religious institutions.

EDUCATION

Master of Science

May 2013

Simmons University

Boston MA

Bachelor of Arts

January 2003

Bridgewater State University

Bridgewater MA

Minor: Managerial Science

Interfaith Reverend

Anticipated Ordination May 2026

Tree Of Life Interfaith Temple - Seminary Program

Amherst NH

CERTIFICATIONS & LICENSURE

Licensed Independent Clinical Social Worker (LICSW), Massachusetts

EMDR Certified - The Center for Excellence in EMDR Therapy, Apr 2023

ADDITIONAL HIGHLIGHTS

- Committed ethical leadership, neurodivergent-affirming care, and healing-centered clinical environments.
- Experienced in peer supervision & supervising LCSW clinicians and interns toward licensure through trauma-informed mentorship.
- Committed to building inclusive teams where all voices are valued and empowered.
- Leading a grassroots initiative designed to support overwhelmed families and caregivers by improving access to resources, reducing burden, and enhancing quality of life during aging-related transitions.
- Integrating Interfaith Seminary training into leadership approach; anticipated ordination, May 2026.
- Skilled in building spiritually integrative care models that center client dignity and emotional resilience.
- Founder and spiritual leader of a monthly interfaith gathering offering inclusive, trauma-conscious ministry and original teachings to promote healing and belonging

ADDITIONAL PROFESSIONAL EXPERIENCE

View an extensive professional history at [linkedin.com/in/sarahdionne](https://www.linkedin.com/in/sarahdionne)